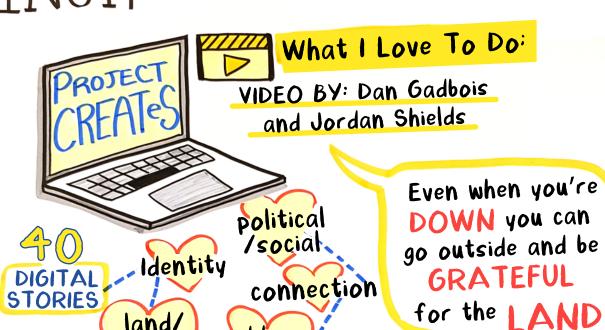


Personal Phealing



address

trauma

land/

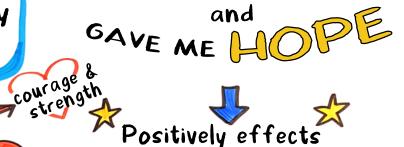




..combined love & compassion of GROUP brought me back to MYSELF..

Connection with elders

..happy that our values & culture are COMING BACK



to share lifestyle, culture

**EMPOWERING** 

Space to speak on things that have been silent

my wellbeing when I get

Showed me it could be light talking about difficult topics

What is a (5) you want to (5 the GROUP?

Nigit'stil Nobertimit 2021



Arctic Youth Wellbeing Network

needs more youth participant

Podcast: ALL MY RELATIONS

Opera: MISSING by Marie Clements

TOONIK TIME - cultural activities

Writings: "It's okay to not be okay"

Knowledge: every animal has enough brain to tan itself

Drawing: self-portrait

Constellations - dark times < HOPE

